## Lesson 16

## The Holy Ghost

Hey there, let's talk about something really special today: the Holy Ghost (Holy Spirit)! Now, you might be wondering, who or what is the Holy Ghost? Well, the Holy Ghost is like a super amazing friend that God sends to be with us all the time. He's not a person like you or me, but He's always around to help us feel happy, make good choices, and understand important things about Heavenly Father, and Jesus.

Now, here's something cool to know: there's a difference between the Holy Ghost and the gift of the Holy Ghost. The Holy Ghost is like the super helpful friend I mentioned earlier, but the gift of the Holy Ghost is like having that friend with you all the time, guiding you and cheering you on. And guess what? We can all get this amazing gift from God!

So, how do we get this awesome gift? Well, first, we need to believe in Jesus and want to follow Him. Then, we get baptized, which is like taking a special bath to show that we're ready to be friends with Jesus forever. After we're baptized, someone very special, like a leader in the church, puts their hands on our head and asks God to give us the gift of the Holy Ghost. It's like getting a big hug from God!

But here's the thing, just because we got the gift of the Holy Ghost doesn't mean we'll always feel His help. We have to be good and try our best to do what's right. When we listen to God and try to be like Jesus, the Holy Ghost can be with us more and help us feel happy and peaceful inside.

Now, how does the Holy Ghost talk to us? Well, He doesn't use words like we do. Instead, He speaks to our hearts, kind of like a feeling you get when you know something is right or wrong. It's like having a little voice inside that helps us make good choices and feel loved by God.

Having the gift of the Holy Ghost is one of the best things ever because it helps us know that God loves us, Jesus is our friend, and that we're never alone. He helps us understand important things about God's plan for us and gives us peace when things are tough. So, let's remember to listen to that still small voice inside and let the Holy Ghost be our friend every day!

## Additional Scriptures

1 Corinthians 3:16–17 (the Holy Ghost dwells with the faithful) Acts 19:1–7 (gift of the Holy Ghost bestowed anciently)

Title: "Nathan's Invisible Friend: The Whispering Wind"

In a bustling town nestled beneath towering mountains, there lived a boy named Nathan. Nathan was known for his adventurous spirit and boundless curiosity. One sunny afternoon, as he roamed through a lush meadow, he pondered the mysteries of the world around him.

"Hey there, Nathan!" a gentle voice whispered, stirring the leaves of the nearby trees. Startled, Nathan looked around, but there was no one in sight. Puzzled, he listened carefully as the voice spoke again, this time from deep within his heart.

"I am the Whispering Wind," the voice whispered, "sent by God to be your friend."

Intrigued, Nathan cocked his head to one side, his eyes wide with wonder. "But I can't see you," he exclaimed.

"That's because I am not like other friends," the Whispering Wind replied. "I am the Holy Ghost, a special gift from God to guide and comfort you."

Eager to learn more, Nathan listened intently as the Whispering Wind explained the difference between the Holy Ghost and the gift of the Holy Ghost. He learned that while the Holy Ghost was like a helpful friend, the gift of the Holy Ghost was like having that friend with you all the time, guiding you and cheering you on.

"But how do I get this amazing gift?" Nathan asked, his heart filled with excitement.

"You must believe in Jesus and choose to follow Him," the Whispering Wind replied. "Then, you must be baptized, a special ceremony that shows you are ready to be friends with Jesus forever. After your baptism, someone very special will lay their hands on your head and ask God to give you the gift of the Holy Ghost. It's like receiving a big hug from God!"

As Nathan pondered these words, he realized that having the gift of the Holy Ghost was truly a precious blessing. He understood that by listening to the still small voice inside him, he could feel the presence of God's love and guidance in his life every day.

With a grateful heart, Nathan embraced the gift of the Holy Ghost, knowing that he was never alone and that God's love would always surround him, like a comforting breeze. And as he wandered through the meadow, his spirit filled with joy and peace, Nathan knew that his invisible friend, the Whispering Wind, would be with him always.