#### Lesson 30

# **Understanding the Law of Chastity**

# **Parents: Teaching Kids About Special Rules**

Parents, it's important to talk to kids about special rules that God has given us about our bodies and how we use them. When kids are old enough, explain things to them in a way they can understand. It's okay to start teaching them when they're young about respecting their bodies and being modest.

# The Power of Making Babies

God made everything on Earth to have babies and make more of their own kind (Genesis 1:22). When He made people, Adam and Eve, He gave them the job of having kids too (Genesis 1:28). But unlike animals, God gave humans rules to follow, especially about having babies. He wants us to only make babies when we're married to someone we love.

# What's the Law of Chastity?

The law of chastity is God's rule about making babies. He says it's only okay to have babies when a husband and wife are married to each other. Before marriage, we're not supposed to do anything that could lead to making a baby. God really loves us and cares about how babies are brought into the world. After marriage, it's only okay to make babies with our husband or wife.

#### **Avoiding Tricky Temptations**

Satan, the bad guy, wants us to break these rules. He tries to make us think it's okay to do things that aren't right. Sometimes, he shows us pictures or movies or tells us jokes that make us think bad thoughts about our bodies or other people's bodies. But God wants us to keep our bodies special and not let anyone touch them in a wrong way.

# What Happens if We Break the Rules?

Breaking these rules is very serious to God. He doesn't want us to break them because it makes Him sad. But if we do, we can say sorry and try to do better. It's important to talk to parents, or a Church leader and tell them we're sorry for what we did. They can help us repent so we can feel better about ourselves.

# **Being Good Brings Blessings**

When we follow God's rules, we feel happy and peaceful inside. Our lives are better, and we set a good example for others. We don't have to feel bad or ashamed. Plus, our families and kids will learn from us how to do what's right.

# **Conclusion: God's Special Plan**

God gave us rules to help us be happy and make good choices. When we follow these rules, we show God that we love Him and want to do what's right. Let's remember to respect our bodies and follow God's special plan for us!

# **Additional Scriptures:**

- Exodus 20:14
- Matthew 5:27–28
- Genesis 39:1–18
- Fzekiel 18:21–22

Title: "Gracie Mae's Sanctuary"

In a beautiful garden nestled between lush green hills, there lived a young girl named Gracie Mae. Gracie Mae loved to spend her days exploring the wonders of nature, surrounded by the vibrant colors and fragrant scents of the flowers.

One day, as Gracie Mae wandered through the garden, she stumbled upon her parents, sitting beneath the shade of a tall oak tree. Sensing her curiosity, they beckoned her to join them.

With tender smiles, Gracie Mae's parents began to speak to her about the special rules that God had given to protect her and her future. They explained to her the sacredness of her body and the importance of waiting until marriage to have children.

"God has given us the power to create life," her father said, his voice gentle yet firm. "But with that power comes great responsibility."

Gracie Mae listened intently as her parents shared with her the law of chastity, emphasizing the importance of respecting her body and the bodies of others. They spoke of the temptations that might come her way and how to resist them with courage and strength.

"Satan may try to deceive us," her mother cautioned, "but we must always remember God's love for us and His desire for our happiness."

As the sun began to dip below the horizon, casting golden rays across the garden, Gracie Mae's parents spoke to her of the consequences of breaking God's rules. They assured her that even if mistakes were made, there was always a way to repent and find peace.

"But most importantly, my dear Gracie Mae," her father said, his eyes brimming with love, "when we follow God's commandments, we invite blessings into our lives. We experience joy, peace, and the sweet assurance that we are living according to His will."

With a heart full of gratitude, Gracie Mae embraced her parents, feeling the warmth of their love envelop her like a comforting embrace. As they sat together beneath the starlit sky, surrounded by the beauty of God's creation, Gracie Mae knew that she was cherished and protected in the sacred garden of her family's love.